

SkillsUSA Maryland State Championship Nursing Assisting Contest Update (3/31/26)

As you prepare for your competition on April 18, 2026, please make sure you read through the SkillsUSA Nurse Assisting Technical Standards. I wanted to draw your attention to the following:

- Clothing Requirements- there will be point penalties for not following clothing guidelines
 - You **do not** need to buy official SkillsUSA scrubs, but please make sure your scrubs fit correctly and are hemmed and wrinkle free.
 - Make sure your shoes are **not open-toe or open heel and are appropriate color (all white or black (no canvas/mesh))**.
- Materials/equipment Requirements- make sure you bring the day of your competition
 - Watch with second hand (Apple / smart watch not allowed)
 - Black/blue ink pen
 - BLS CPR card issued by the **American Heart Association**
 - All other items will be provided for you
- Resumes: You must hand carry to the contest and turn-in to contest chair.
- SkillsUSA Professional Development Test is offered online only before the State Championship and will be used as a tie breaker. See chapter advisor for access codes.