

SkillsUSA Maryland
2026 State Championship
BASIC HEALTH CARE SKILLS CONTEST UPDATE (04/09/2026)

As you prepare for the state competition on April 18, please consider the following:

- Be sure to review the Basic Health Care Skills Technical Standards 2024-2026.
- Clothing/Supplies:
 - Please dress in clean, wrinkle-free scrubs.
 - If your scrubs display your school's name or affiliation, please cover this information (ex. cover with tape).
 - Your shoes must be black or white, with no open toe or open heel.
 - Watch with a second hand (No smart watches/apple watches). There will be points deducted if you do not have an analog or digital watch to use to compete.
 - A blue or black pen
 - Any visual aids for presentations
 - A one-page typed resume, as outlined in contest requirements. This must be submitted to the contest chair at the beginning of the competition.
- Special note about presentations:
 - If you have electronic material for your presentation, please have a copy on a flash drive AND a copy sent to yourself via email. You may bring your own laptop and if able to connect, you may present from your laptop. Another laptop will be available (for judges' use) to display your presentation, if needed.
 - ** Mac computers are not compatible with the presentation technology in the classroom**