

SkillsUSA Maryland
2026 State Championship
Carroll County Public Safety Training Center
Emergency Medical Technician (EMT) Contest Update (4/7/26)

Students should review the six (6) practice sheets included in contest update #2. Be prepared to be tested on three of these.

- Complete the one-page single side resume and hand-carry to the competition.
- Prepare to present a current AHA BLS (CPR) certification on the day of competition.
- Complete the SkillsUSA Professional Development test (online before contest).
- Remind family and friends – no spectators will not be allowed in the competition area.